

Senior Shuttle

ESSENTIAL SERVICES/HANDICAPPED TRANSPORTATION SERVICES



Our transportation program is one of our top priorities and important to our seniors and their families. This service can be a lifeline to many seniors enabling them to remain in their own home and community. One ride at a time!

This important program is designed to aid residents of the Town of Southampton. It can be used for transportation to and from basic essential services such as shopping, bank, post office, drug store, hair dresser, barber shop, non-emergency medical visits, governmental agencies and hospital/nursing home visitation of a sick spouse.

This service is available to Senior Citizens and/or handicapped individuals within the township Monday through Friday (excluding holidays).

PLEASE NOTE:

- * Transportation will be provided according to a regular planned schedule.
- * Travelers will be taken to the closest shopping/drop off areas whenever possible.
- * The Senior Shuttle Office is open Monday-Friday, 8:30 am to 4:00 p.m.
- * Riders must be residents of the Town of Southampton, at least 60 years of age or handicapped.
- * **PLEASE** register in advance with the Senior Shuttle Office (631) 728-1110.
- * There is a small suggested contribution for this service

SHOPPING SCHEDULE:

- Monday:** - Southampton (3rd Monday of every month) to Riverhead
Tuesday: - East Quogue, Hampton Bays to Riverhead
Wednesday: - Hampton Bays, Quogue and East Quogue to Hampton Bays
Thursday: - Southampton, Tuckahoe, North Sea and Water Mill to Southampton
Friday: - Noyac, Sag Harbor, Bridgehampton, Sagaponack and North Haven to Bridgehampton
- Flanders, Northampton and Riverside to Riverhead
- Eastport, Speonk, Remsenburg, Westhampton, Westhampton Beach, Flanders, North Hampton and Riverside to Riverhead

For those confined to a wheel chair, transportation to medical appointments via a bus equipped with a hydraulic lift is available. Medical appointments must be made well in advance (minimum 5 days notice required if possible), and if any type of assistance is needed a responsible adult is requested to accompany the person. Medical appointment times are Monday thru Friday 8:30am-12:30pm, and are taken on a first come-first serve basis so we can serve each of those in need as quickly and conveniently as possible.



www.facebook.com/SHSeniorServices

Phone: (631) 728-1235 Fax: (631) 723-3061
E-mail: ldwyer@southamptontownny.gov
www.southamptontownny.gov/seniorservices

For Further Information on Senior Citizen Programs:
Liz Dwyer - Director, Senior Citizen Services

John Bouvier, Councilman
Stan J. Glinka, Councilman
Julie Lofstad, Councilwoman
Christine P Scalera, Councilwoman

Jay Schneiderman, Supervisor
TOWN BOARD

PO Box 974, Hampton Bays, NY 11946


SOUTHAMPTON
Department of Business Management
DIVISION OF SENIOR SERVICES

Because We Care!

ENHANCING THE QUALITY OF LIFE FOR OUR SENIORS AND FOR THEIR FAMILIES



SENIOR SERVICES
TOWN OF SOUTHAMPTON

Come See How Wonderful Life Can Be!



SENIOR CENTERS & HOME DELIVERED MEALS

Seniors from age 60, come join us for... friendships and fun activities, meals, health and wellness, entertainment... plus volunteer opportunities. Enjoy healthy, comforting meals and share them with new and old friends, in a warm and welcoming setting in one of our Town Community Centers.

Each weekday morning and afternoon a variety of activities are offered for fun, education, creativity, and to help you feel vital and connected in a very pleasant and inviting social center. Lunch is served at noon daily and alternate meal choices are available offering the "best deal in town." There is a small suggested contribution for this service. Round-trip transportation is available if necessary.

HOME DELIVERED MEALS can be provided on a temporary or long-term basis, five days per week, for homebound seniors. Please call one of our three Community Centers to make arrangements that fit your needs.



Program funding is provided by Suffolk County Office for the Aging and the U.S. Department of Health and Human Services through the New York State Office for the Aging and the Town of Southampton.

Of course there are many wonderful "SPECIAL SENIOR PROGRAMS": Recreation, Creative Aging Program, Health and Exercise Classes, Social and Cultural Programs, Trips, Our Annual Senior Citizen Picnic, Computer/Tablet Classes, Inter-Generational Programs, Book Discussion Group, Monthly Movies, Knitting and Crocheting, Crafts and more...

TOWN COMMUNITY CENTERS LOCATIONS & HOURS:
OPEN Monday-Fridays, 8:00am-4:00pm

FLANDERS/RIVERSIDE David W. Crohan Comm. CTR
655 Flanders Rd.
(631) 702-2375

BRIDGEHAMPTON 585 Sag Harbor Tpk.
(631) 537-3027

HAMPTON BAYS 25 Ponquogue Avenue
(631) 728-1235

SHINNECOCK INDIAN RESERVATION Church Street
(631) 283-0106 **OPEN** Monday-Fridays, 12-2pm

ADULT DAY CARE

Companionship and stimulation for a special population of the elderly is provided. Whether limited in their ability to function independently, physically impaired, socially isolated, or having Alzheimer's or Dementia, we are able to provide relief, referrals and support for caregivers, while a loved one is in a safe and nurturing environment.

Weekdays, 8:00am-2:00pm, Monday-Friday a continental breakfast and tasty-hot lunch at the Hampton Bays Town Community Center are part of the program. A full day of programs and transportation are provided for a very reasonable fee.

The **ADULT DAY CARE PROGRAM** is filled with invigorating programs that are both mentally and physically stimulating. These include: exercise, word and memory games, current events, sing-along's, entertainment, reminiscing, recreational games, intergenerational programs and the arts from music, to art and dance.

SUPPORT GROUPS

We believe it is important to feel supported when care-giving. While those being cared for need the best possible care and kindness, so do those who are caring for them. Caregivers, Adult Children of Aging Parents and also Grandparents Raising Grandchildren Support Groups meet regularly. We invite you to join us!

CAREGIVERS SUPPORT GROUP AT THE HAMPTON BAYS SENIOR CENTER (HBSC)
meets the last Wednesday of each month from 12 pm - 2 pm, Luncheon served at 12 pm.

ADULT CHILDREN OF AGING PARENTS SUPPORT GROUP AT THE HAMPTON BAYS SENIOR CENTER (HBSC)
meets the third Wednesday of each month from 6:00-8:00pm, Dinner is provided.



ARE YOU OKAY CALLS EISEP PROGRAM

ARE YOU OKAY CALLS?

Even a single phone call a day can provide reassurance to those homebound and helps confirm all is well for seniors living alone or disabled. Subscribers receive a daily call at the same time each day, seven days a week, 365 days a year.

EXPANDED IN HOME SERVICES FOR THE ELDERLY (EISEP)... AND HELPING HANDS PROGRAM

For seniors who need at home living assistance SouthamptonTown provides personalized and thoughtful services provided by the Dominican Sisters Family Health Services. These can include cleaning, shopping, laundry and errands.



SENIOR CLUBS

SAGE - LI HAMPTON BAYS MINGLE - social group for gay, lesbian, bisexual, transgender (GLBT) seniors and their friends. Meets the second and fourth Thursdays of the month at the Hampton Bays Senior Center, 3-5 pm. Early dinner served on the fourth Thursday.

Because We Care!

RESIDENTIAL REPAIR

This program provides household assistance to homeowners and renters, 60 years of age and over, who need assistance with chores that do not require skilled-licensed workers. This is not an emergency service. For a list of the types of repairs offered and/or to schedule an appointment please call Hampton Bays Senior Center.



FOR INFORMATION PLEASE CALL: (631) 728-1235